Digital Health Aids for Seniors

Access the Learning Hub from the Brookline Senior Center website



Explore this new online learning hub which builds on a 10-session course presented at the Senior Center for the past 4 years.

It aims to educate seniors (and caregivers) about self-health monitoring and information using smartphone apps, Bluetooth connected devices and information websites.

It consists of 12 health topic specific modules and an AI chatbot (Geri the AI geriatrician) built on the Claude chatbot (from Anthropic). Each module consists of slides with text & audio narratives (in multiple languages), FAQs, and the conversational Geri chatbot which can answer your questions about the material.



This is an educational website, it is not medical advice, it does not replace guidance from a medical professional.