BE A GOOD NEIGHBOR!
12 Ways to Brighten Someone's Day

1. **Introduce yourself to someone new - or reintroduce yourself to a past acquaintance.**
2. **Give a compliment to a stranger.**
3. **Swap, share or exchange recipes, books or articles.**
4. **Share contact information of experts you recommend, such as home repairers and hairdressers.**
5. **If your store offers a buy one get one free option, get one item for you and share the other with a neighbor.**
6. **Buy a bouquet of flowers and share the bouquet or individual flowers with those around you.**
7. **Invite someone new to accompany you on a walk, to the Senior Center, movies, or to the store.**
8. **Surprise someone with a greeting card, baked good, or something from your garden.**
9. **When on a stroll, move trash and debris to keep sidewalks safe.**
10. **Offer to collect a friend's mail or water plants while they're away or in the hospital/rehab.**
11. **Help carry groceries or take in garbage cans for your neighbor.**
12. **Check on neighbors during extreme weather or when you have not seen them for a while. If you discover that there is an emergency call 911. For non-emergency related questions, consult a professional; such as a Senior Center Social Worker.**

These are just a few suggestions. Add to the list to create new ideas that utilize your talents and help those around you!

The Brookline Senior Center is a great place to connect with your neighbors. Contact BSC to learn more about ways to connect! Brooklineseniorcenter.org - or call 617-730-2770