FROM THE BOARD PRESIDENT

Dear Friends of the Brookline Senior Center,

"You don't stop laughing when you grow old, you grow old when you stop laughing." ~George Bernard Shaw

Laughing in old age? Really? Older people often face adversity. Loss of family and friend connections, physical strength, and mental acuity takes a toll. Low-income and middle-income residents on fixed budgets worry about paying for housing, food, utilities, transportation, and medical expenses. These challenges are difficult.

Despite the obstacles of aging, thanks to people like you, older people in Brookline are able to laugh. They can access vital resources, including hot lunches, food distribution, transportation services, caregiving support, fuel assistance, emergency



Betsy Pollock

Many enjoy a variety of educational, entertaining, and interactive programs that connect them with others, alleviating isolation and promoting camaraderie.

A participant in a small group workshop had this to say: "This group has been a fantastic experience for me; I am grateful. It filled a gap with purpose and people. It has almost been a miracle for me."

Please enable us to keep providing small group workshops and more. Please support your neighbors, and contribute as much as you can to the Brookline Senior Center Foundation. Your compassion addresses critical needs. Your generosity helps to generate laughter.

Warm regards,

funds, and counseling.

Betsy

Betsy Pollock, MSW Brookline Senior Center Foundation Board President

To donate, use the QR code below or visit: https://brooklineseniorcenter.charityproud.org/Donate



Thank you in advance for your support!