



Brookline Community Aging Network

Provides information to help residents remain engaged in the community. Advocates to make Brookline an even better place to live for seniors and everyone.

Join us!

Founding Partners



**Council
on Aging**



ASSISTED LIVING & MEMORY SUPPORT



Important Speaker Series for Baby Boomers!

- ✓ Issues Between Older Adults and Very Old Parents (April 27)
- ✓ Caregiving Triumphs & Challenges of Alzheimer's Disease (May 24)
- ✓ Sex Over 60! (June 15)



"I'm Getting Older, Too!"

**Unexpected Later in Life
Parent-Child Relationships**

**Research & Panel Discussion
with *Boston Aging Together* Study Participants**

As life expectancy rates grow, so does our prospect of caring for a parent in our own 'golden years'. Now, hear the fascinating results of a Boston-based study providing new insights about the complicated relationships of older adult children (aged 65+) and their very old parents (aged 90+).

About the Authors/Speaker: **Kathrin Boerner PhD**, Principal Investigator of the *Boston Aging Together* study. Professor and Doctoral Program Director, Department of Gerontology, McCormack Graduate School. **Elizabeth Gallagher**, Speaker, and MS, Research Coordinator, *Boston Aging Together* study, Gerontology PhD Candidate

Wednesday - April 27 - 5:30 - 7:00 pm - Goddard House and on Zoom

This in-person event at Goddard House, 165 Chestnut St., Brookline is **also available on Zoom**. Spaces are limited. Please RSVP by Monday, April 25. Call Christine Nagle at 617-731-8500 x 143 or email cnagle@goddardhouse.org.

May and June Speaking Events

How Caregivers Can Meet the Challenges of Alzheimer's Disease
Tuesday, May 24, 5:30 - 7:00 pm Brookline Senior Center and on Zoom

Based on his upcoming book, ***Dignity for Deeply Forgetful People: How Caregivers Can Meet the Challenges of Alzheimer's Disease***, Dr. Stephen Post provides practical answers to the most pressing questions raised by caregivers and professionals.

Let's Get Physical: Biopsychosocial Aspects of Sexuality and Aging
Wednesday, June 15, 1:30 - 3:00 pm Brookline Senior Center and on Zoom

While sex at an older age exists, the human body doesn't function the same way it did when we were younger. With frank discussion, Dr. Fleishman will cover the biological, medical, and psychosocial parts of getting physical.

These May and June in-person events are also available on Zoom. Please RSVP by calling the Brookline Senior Center at 617-730-2770, located at 93 Winchester St.